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846 finements last from a few days to a week. Moreover, the cere-
[845] monies for difficult childbirth and the many medicines in use for
757 ailments resulting from childbearing suggest that the woman does not always have an easy time.

[844] After the birth of her child, the woman ties a rope or a strap
[826] around her waist "so that her stomach will not sag." She wears this until she feels strong once more.

844 Despite the roving life, there is an attachment to the place of
823 birth. A child is told where he was born; and, when he is again
788 brought to the vicinity, "they roll him on the ground to the four directions. They don't make a special trip for this, but they do it if they happen to be there. This is done even if the child is getting big." Adults as well as children have been known to roll in this manner upon returning to the birthplace.

CRADLE DAYS

852 Normally, the fourth day after birth is the occasion for a cra-
756 dle ceremony, although sometimes the rite is delayed for a few
[759] days more. The immediate family may include an old man or woman prepared to perform it, or the midwife may know the rite and accept the task. Depending on the "way" of the shaman who officiates, the ceremony will be elaborate or modest. A poor
[556] family is satisfied to obtain a shaman whose ceremony is pruned to essentials, while a wealthy family may make more of a display of the event. Not infrequently the selection of the practitioner is related to the web of human relations—to friendships, to bonds of blood, to desire for gain.

[556] There's a shaman, my relative. And there are some people who have a new baby. They are well-off people; they have much property; they have horses and buckskins and bring in lots of deer. My relative has nothing like this, though he is a shaman. He is poor. I notice that this wealthy family with the new baby has lost several babies before this.

I go to them. I say, "You people have a new baby. I notice that you have lost several children. My relative is a good shaman. He knows something to keep the child well. You go to him and ask him and he will put up a ceremony for you. But don't tell him who told you about his ceremony."

Those relatives of the little child talk it over. One says, "I'll give a gun for that ceremony." Another says, "I'll give two blankets." Another offers a horse or a buckskin.

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One of the relatives goes to the man who knows the ceremony. He says, "We have been unable to bring up our children. We need you to help us."

My relative sits there. He just makes some kind of sound in his throat first. Then he says, "Well, I'll do it. But I need a buckskin with a piece of turquoise tied at the middle of the head and a yellow horse. Give two other things, anything you wish, just so it makes four, a set of four."

They get these things together and bring them to him, and the ceremony takes place.

Once he has accepted the task, the shaman busies himself with the construction of the cradle. With prayers and ritual, oak, ash, or walnut is gathered for the ovate frame, and sotol or yucca stalk for the cross-pieces that will form the back of the cradle.

For the back part of the cradleboard, the cross-pieces are of sotol if the cradle is for a boy, and of narrow-leafed yucca if it is for a girl. The sotol, which is jagged edged along the leaf, is called the boy, the "he"; the yucca is called the girl, the "she." These plants are brother and sister, we say.

This sex distinction, however, is not acceptable to all.

A canopy to shield the child's face is made of the stems of red-barked dogwood, mock orange, or Apache plume. A piece of ash connects the frame and the canopy, and ash or oak is used for the footrest. The bedding is of wild mustard, and a pillow of *Solanium trifolium* prevents excessive movement of the head. The buckskin covering for the frame is usually colored with yellow ocher. In the buckskin which covers the top of the canopy, symbols are cut which sometimes have sex value. The girl's cradle is usually decorated with a full moon or half-moon; the boy's cradle, with a cross or four parallel slits.

Some feel that cradleboard materials may be prepared in advance but that, once actual construction has started, the work should be finished the same day. Others permit the outer frame to be made on one day and the cross-pieces and canopy on another. Still others have no strong conviction about the length of time to be allotted to the process as long as the cradle is ready when it is needed. It is assumed that all steps in the construction have been accompanied by prayers for the welfare and long life of the infant. The shaman ties protective amulets on the cradle—bags of pollen, turquoise beads, and pieces of lightning-riven wood.

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852 The public part of the ceremony begins in the early morning
756 before relatives and neighbors. The shaman may confine his own
788 part to prayer and the giving of commands to an assistant, or he may perform the ritual acts alone. The child is marked with pollen or specular iron ore, and pollen is thrown to the directions. One practitioner places four dots of pollen on the face of a boy for whom he is officiating and traces a line of pollen across the bridge
[823] of the nose of a girl. The cradle, and sometimes the child, is held to the cardinal directions, beginning with the east and proceeding in the clockwise circuit. It is the "way" of one shaman to hold up both child and cradle if the ceremony is for a boy but to gesture with the cradle only if the infant is a girl. Finally, the
[574] cradle is faced to the east, and, after three ritual feints, the child
[601] is placed inside. A feast and social occasion follow. According to one informant, a child may later address a parental or grandparental term to the person who lifted him into the cradle, even though no actual relationship exists.

854 This rite is essentially a prayer that the child be spared to
[852] occupy the cradle in the future, for it is not until a month or more
[856] has elapsed and "the neck is strong enough so that the head does not hang limply" that the child is kept continuously in the cra-
[482] dle. After that, the mother carries the cradle by a tumpline pass-
[492] ing across her chest or, more infrequently, over her forehead. Even when she travels on horseback, she often carries the cradle strung across her hip by the carrying strap and suspended over the side of the horse.

854 To the amulets and pendants supplied by the shaman the
789 mother generally adds some of her own. The right paw of the
751 badger, with grass substituted for the bone, is hung on the cradle to guard the child from fright. Such protection is important, for
[825] fright lies at the root of a number of serious illnesses. Humming-
[753] bird claws and pieces of wildcat skin also act as cradle charms. To ward off colds and other sickness, a length of cholla wood is
[824] often tied on the cradle. When anything is wrong with the child, a growth found on the creosote bush is suspended from the
[755] canopy. It is a general rule that no one may step over a child or a
[784] cradle.

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CHILDHOOD

When the baby is from a week to a few months old, his mother or his maternal grandmother pierces his ears. To do this she applies something hot to the ear and then punctures it with a strong thorn or a sharp bone. The child learns "to hear things sooner" and obeys more quickly if this is done promptly. "When the ears are not pierced, the child cannot be controlled; he will be wild and go to the bad. It is believed that children grow faster too if this is done." Pendants of white beads or turquoise are strung from the ears of very young children, and this mode of ornamentation continues throughout life.

Sexual intercourse between a man and his wife is not resumed until the child has been weaned. During this period of almost three years the couple is expected to remain continent. Actually some men contrive to "sneak around" and "find easy women" with whom to have relations. But social pressure operates to enforce this rule of continence strictly in the majority of cases. A man so importunate as to demand connection with his wife too soon is subject to sharp criticism and is said to have acted "against" his growing child. "There is a man whose child is not walking yet, and his wife is pregnant. The Indians think he is no good. We are ashamed to have a second child on the way before a first is weaned."

Because the mother's milk supply has been stopped or altered by her new pregnancy, the nursing infant is "starved" and upset and is likely to become a weakling. In such an emergency another minor rite is arranged:

> There's a hair-cutting ceremony that I'm going to tell you about. Let us say a child is only a year old and the mother is pregnant again while that child is still nursing. Then the little child that is only a year old is sick; it has stomach trouble. Something must be done for that child.
>
> When this happens, the mother usually takes the child to an old woman or someone who knows what to do. This old woman cuts the child's hair and puts red paint over the child's body. Then she gives it some kind of medicine.

Polygyny, though it is not widely practiced, exists, and a man with more than one wife "is in a good position, for when one of his wives is pregnant or has a nursing child, he can go to the other."

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Occasionally, a cradle is burned at the death of the child. This alternative usage conforms to the customary death practices, for all of an adult's combustible possessions are ordinarily destroyed by fire at his demise. 766 768 [352]

A still serviceable cradle, if the child for whom it was made is alive and healthy, may be used for a newborn sibling of the same sex. Nevertheless, a cradle ceremony is held for the new baby. The more usual practice is to fashion a separate cradle for each child. 854 852 352

There are no conventionalized cradlesongs, but the mother often croons some such improvised lullaby as, "Little baby, go to sleep again." "Sometimes it goes way up and makes you feel sorry for the baby. It almost makes you want to cry." To quiet a fretful child, a man or a woman swings the cradle and sings a vigorous tune accompanied by such words as: 854 533

This, my little baby!
This, my little baby!

FIRST STEPS

Life is conceived as a path along which individuals must constantly be helped by ritual devices. This trail must be followed exactly as the heroes of mythical times are said to have journeyed along it. It is appropriate, therefore, that the baby's first steps should be ceremonially celebrated. 852 [761] [771]

Since this rite is purely symbolic in nature, it may occur before the child actually begins to walk or some time afterward. It will not take place until the child is at least seven months old, and it has ordinarily been held before he is two years of age. On this occasion the infant dons his first moccasins, an aspect of the rite which gives it its name, "Putting on Moccasins." As in the other rites, practitioners who "know" this particular ceremony must be hired. Depending on their "way" and the wealth and importance of the family sponsoring the occasion, the ceremony will vary in detail. The account that follows summaries the basic pattern. [756] [556]

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852 There is a ceremony held over a child when it just begins to walk. . . . . Men and women who know how may carry on this ceremony for the child. They get [787] the power through Child of the Water [the culture hero].[4] It is done to keep the [776] child healthy and strong, and because Child of the Water, when he started to walk, had a ceremony like this one.

[574] The family . . . has to have a lot of meat and fruit ready. A feast is announced just like the one held at the girl's puberty rite. Many are invited. When a boy goes through this ceremony, they call him Child of the Water. When a [776] girl goes through it, they call her White Painted Woman [the mother of the culture hero]. Every child should go through it.

When my son first began to walk, he had a good ceremony. T. and Old Man D. carried it out. They had power from Child of the Water.

[292] D. directed my wife in the making of the buckskin outfit. It has to be made [531] from the skin of a black-tailed buck for a boy. In D.'s ceremony just a shirt and moccasins are made for the boy. For a girl the outfit has to be made from the skin of a black tailed doe. Crescents and stars and crosses were the designs. The same designs are used on the girl's clothes when the ceremony is for a girl.

[821] They wait for the new or the full moon before beginning this ceremony. This time they waited for the new moon. They start just as early as they can. Early in the morning many came to the place where I lived. We had plenty there [431] for them to eat. We had presents for everyone, too—fruit and tobacco and other things. J. B. helped me with this because he wanted the ceremony held. He is a relative on my wife's side. My father-in law brought some of these things too, and his sisters helped also. My wife's sisters helped with the cooking.

[526] They had a big hoop and pole game[5] going there too. P. and others who knew the ceremony well were off playing this game while they waited for the feast that was to follow.

[788] After some prayers T. marked everyone with pollen. He put some on the head and above the nose of both men and women, the way they do at the girl's puberty rite. This was done just before sunup. At sunrise he took the boy and lifted him toward the east, raising him four times. He did the same to the south and the west and the north. Then he set him down.

852 With pollen he made footprints on a piece of white buckskin just as White
788 Painted Women made them in the story of the killing of the monsters. We took
801 the boy. I was holding him on one side, and T. was on the other. We led him
[773] through these footprints. T. said a prayer about Child of the Water and his first step just as the boy took the first step. He said another prayer for the second step and went on until four prayers and four steps were over. Then the boy took four steps by himself. As he did so, they said, "May he have good fortune." Now we turned the boy clockwise and brought him back, and he walked the four steps in the same way again. Four times we walked him like this. Then we

[4] Actually the rite can be obtained through other sources as well.

[5] For a description of the game see pp. 448–50.

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took him in a clockwise circle four times. After four prayers, T. sang four songs. Then we sat down.

Next T., and after him all the others, marked that little boy just as the girl is marked in the puberty rite. After that, T. prayed, took a drum, beat it four times, and started to sing. All those who knew his songs helped with the singing. Four songs were sung before he stopped. They were about Life Giver [another name for Yusn], White Painted Woman, and Child of the Water, of how the earth was made and how the fruit grew, of how Child of the Water was born and reared under the fire and how the monsters were killed.

Now prayers were said by D., and another set of songs began. The people were dancing in there, women and men, boys and girls. They danced in place. The women uttered that call of applause[6] when the names of Child of the Water and White Painted Woman were mentioned.

There were two more sets of prayers and songs. D. said the prayers. They had me sit in the center with the boy, and they all danced around us. The boy was not bashful. He danced up and down and looked around. He was only about eight and nine months old.

D. and T. said the last set of four prayers. When the people playing the hoop-and-pole game heard about this, they all came up, for they knew we had presents here to give and that the end of the ceremony was near.

D. picked up the moccasins. He put pollen on them and lifted them to the directions. He put pollen on the boy's foot and put the right moccasin on first, then the left. "Now you can run," he said. The boy put his foot right in; he was glad to do it. Everyone said, "He's just like his father."

Finally the presents were blessed. D. and T. put pollen all over the baskets of fruit and presents, and a man began passing out these things to the people. He gave some to D. and T. first. He gave them tobacco. Then sweets were passed to the children. Then other gifts were distributed. After this was over, the big meal began. They feasted that day. That night T. lifted the boy up to the moon from the four directions so that he would grow tall.

SPRING HAIR-CUTTING CEREMONY

The spring, usually the spring following the first-moccasins ceremony, "when everything is starting to grow and the grass is coming up," is chosen as the appropriate time for a brief hair-cutting rite. The child is brought to a shaman who "knows" supernatural power useful in safeguarding and training children. The man or woman selected must have thick hair. "If a man performs this ceremony and the child grows up to be a fine one, other parents come to him."

[6] A high-pitched call of the woman, signifying reverent or ceremonial applause.

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852 The minutiae of the ceremonies differ, but a composite description, distilled from some half-dozen separate accounts, reduces to the following elements. Pollen from cattail or from one of a number of other sources is applied to the cheeks and head of the child four times and scattered clockwise to the cardinal directions. Then his hair, with the exception of one or more locks, is closely cropped. Meanwhile the shaman prays for his long life and good health. The shaman may cut off a lock of his own and mix it with the shorn hair, saying, "May this child's hair be as thick as mine." The hair is usually placed in a fruit-bearing tree with this prayer, "May many seasons come and the child live long." The pollen on the child's face is not removed but is allowed to wear away. Each boy and girl should undergo this ceremony at least once. Ideally, the rite should be repeated for four successive springs, with the same individual officiating.

862 It is about this time that weaning takes place. Gradually, as teeth appear, the child is introduced to light foods so "it will not [853] be so hungry and demand the nipple so much." Sometimes the baby is simply forced away from the breast and given to understand that he must henceforth depend on other food. More often something sour or peppery, like chili, is put on the nipples. The child is told that the milk "is this way now" and rapidly loses interest in nursing.

SURROUNDINGS

596 The household into which the child is born is one of a cluster of elementary families related through the maternal line. Near an older man and woman reside their unmarried sons and daughters, their married daughters and the sons-in-law, their daughters' daughters (married and unmarried), and their daughters' unmarried sons. The number of separate dwellings varies according to the size of the group and the ages and marital status of the individuals involved. Each daughter, upon marriage, occupies a [591] separate dwelling with her husband. Ordinarily, an unmarried son lives in his parents' household, but an adult unmarried son might have his own adjoining dwelling.

596 It is with the members of this maternal extended family that

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or they would see it. She would make a buckskin string with two pieces of turquoise tied to it and give it to anyone who was afraid of the snake. That one had to wear it on the right foot below the ankle.

It is quite as important that the child understand the ways of the cloud-dwelling Thunder People whose arrows are chipped flints found throughout Chiricahua country. The children are directed to make a respectful spitting noise when the lightning flashes and to refrain from eating during a storm. Sage is pointed out as a protective plant which may be worn in the hair during a storm. Nothing red should be displayed at such a time, they are told, for red is associated with the lightning flash and may draw it.

While the child is very young, adults take the proper steps to protect him from danger. But, as he grows old enough to understand ideas and to react consistently to them, more responsibility for his own safety is transferred to him. Thus, quite small children not only depend upon the amulets provided for them but pick and wear the sage which wards off the lightning, dispose of a loose tooth, and extend due respect to masked dancers. Advice and guidance are freely given, but the response which constitutes growth and fulfilment is, as far as possible, elicited from the child himself. The prevailing theme in things nonritual as well as ritual is that the youngster must learn to do for himself tomorrow what is done for him today.

Since most ceremonies are curative rites and are of frequent occurrence, it is almost inevitable that, while the child is still very young, he will witness a full-length ceremony. Very often the first shamanistic performance a child remembers is one in which he was the patient:

> At this time, when I was about six years old, I saw the first ceremony I can remember. It was given for me. I don't know what was the matter with me, but at that time I was very slim and underweight, and it may have been for a general run-down condition. I know I was taken to the shaman's house. I was lying on a bed in the middle of the room. My grandmother was there. My mother, but not my father, was there. My father couldn't be there because my mother's mother was present. Other people whom I did not know were sitting around. The man who was curing me sang. Later on I was told that he had forbidden me to eat the head and liver of any animal. Whenever they had liver after that, they had something else for me. At big gatherings where there was head, I would not eat any of it.

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605 If you hide from your cousin, then anything she has, whether it is money or
834 property, or anything else, she will give to you. You can't refuse a request from a person who hides from you. And it's the same for you if she needs anything.

[183] Since cousin avoidance is voluntary, where it will lead to complications or where the individuals concerned are likely to be thrown together constantly, it is seldom begun.

582 If marriage between cousins is prohibited, is it not difficult, in
602 view of the small population, for a young person to find a suit-
769 able mate? Sometimes this problem does arise, and young men have been known to journey far from their homes for the purpose of making contacts which could lead to marriage. That the issue does not become more serious is due to two factors: the mobility and extensive range of these people and their anxiety to eliminate all mention and memory of the dead. Because of the first factor, families, except for nuclear groups of very close kin, tend to move apart and lose contact with each other. And because the names and antecedents of the departed are seldom mentioned, connections between remoter kin are soon forgotten when the families are separated.

605 When circumstances warrant, the cousin avoidance may be
834 terminated and the more ordinary manner of behavior toward a
182 relative of this degree resumed. The details of the procedure are the same as those governing the abrogation of affinal avoidance.[11]

886 *Grandparent-grandchild relationships.*—The wish for long life
481 and old age is constantly expressed in prayer and ceremonial
782 song. The staff on which the old person leans has become a symbol of this concept. As one commentator wryly observed: "They pray for the old age staff. They say, 'Let me be old, let me have the old age stick.' If you have the old age stick that means you have reached a long life. But when they get it, they don't like it."

888 It is considered a good omen if an old person blesses a child or
887 performs a ceremony over him, for even as this individual's pow-
[787] er and ceremony have preserved him to a ripe age, they may pro-
[852] tect the child for a generous time span. The same notion is pres-
[276] ent in the preparation of the first cigarette. "A person's first

[11] See pp. 174–75.

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cigarette was rolled by an old man or woman. This was done so the person could reach the age of the one who rolled it. The old person prayed and lit it for him."

Age brings prestige, if it is ever to come to an individual. The band leaders are chosen from the most forceful heads of local groups; local group leaders are the most authoritative voices of extended families. Few men who have not lived long enough to rear a large family and to see their daughters marry well head extended families. With his children and grandchildren around him and sons-in-law to do his bidding, a man may establish important alliances and gain political and economic stature. That older persons figure so prominently in the ceremonial and political life is significant for the grandparent-grandchild relations.

The rule of matrilocal residence permits constant contact between the child and his mother's parents. These kin are usually the oldest and, while they retain their vigor, the most respected members of the extended family. The family is the realization of the line they have founded. Their daughters and unmarried sons owe them obedience and deference, and their sons-in-law are bound and subordinated to them by strict social and economic rules.

The maternal grandparents concern themselves in countless ways with the child's development. They are constantly consulted by their daughter on problems of child-rearing. They are present at the first ceremonies held for the baby and contribute whatever is needed for these occasions. It is often one of these grandparents who acts as the cradle-maker and shaman of the cradle ceremony. They may suggest a first name for their grandchild. Their home is always open to him, and it is not unusual for him to sleep there. If his mother dies and his father leaves the extended family because it cannot offer him a suitable mate, the maternal grandparents are likely to rear the child.

My father was left an orphan at about six years of age and was brought up by his grandparent. It was his mother's father who took care of him. This man lived in Chiricahua country. My father lived there with him until he was twelve or fifteen years old. He was with the old man all the time. When he told about it in after years, he said he often wondered why this old man took such an interest in him. He often wondered if he was worth it, worth having so much attention

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Women school the girls in obedience "so that their husbands won't hear saucy words from them." 867

The girl's training is less formalized than that of the boy. It amounts to a greater and greater association with the duties of her mother, older sisters, and other female relatives, until she attains adult standards in the quality of work she can perform. 868

At this time, when the little girl is first learning to do women's work, her hair is done up in the style worn by young women: 868 302

> In the old days the young woman had her hair done up. She took it in one bunch and wrapped it up in back. Then she put a hair ornament on, and it covered the knot of hair and was tied in the middle. The hair ornament was made out of buckskin or cowhide. It had to be stiff. In my day they covered the hide with cloth. The color was usually red. . . . .
>
> The hair ornament was put on as soon as the girl was ten or twelve years old. It had nothing to do with the girl's feast [puberty rite]. There was no ceremony connected with it that I know of. The mother would make it. The only thing I know about it is that they said anyone who had the hair done up that way would have very long hair, for it would grow long while it was done up that way. They told this to the little girls, and it was generally true. [301] [852]

One of the earliest tasks given the little girl is the care of still younger members of the family. She is also instructed in the use of the tumpline and is expected to help bring in wood and water. 868 857

These simple household tasks are supposed to be shared by children of both sexes, but the boy is hardly old enough to be of appreciable assistance when he senses the sexual division of labor: "After my father was gone I worked a little around the house, getting wood, carrying water, and helping my mother. I was ashamed to do that though. It was woman's work. The other boys used to pass by and see me and make fun of me." It is not long before the boy has to be released entirely from such duties to follow his companions in their training and sports. But the girl is encouraged to continue and intensify her interest in household affairs.

However, like the boy, she must train herself to be strong and vigorous. She is told to rise early, to run often, and to shun no hard work. Tales are frequently told of girls so fleet that they rival boys in races. Such swiftness and strength are necessary, for girls must be able to get quickly to safety in case of attack on the camp. 866 868 526

2: Castetter and Opler N, E-5 (1931-1934)1936
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fourth verse of the songs, or at the end of the second or fourth song, he looks for some sign or word from his power which will guide him in the further steps to be taken. If sorcery has caused the complaint, the object shot into the victim by the sorcerer may have to be sucked out, either through a tube or with the lips. A concoction of herbs as medicine may be prescribed. Food and behavior taboos may be imposed on the patient. Various plants may be burned that the patient may inhale the smoke. Parts of animals and ceremonial objects may be rubbed on the sufferer's body.

Red ochre, white clay, and specular iron ore figure prominently in Apache ceremonials in addition to the ritual objects already mentioned. Snakeweed (*Gutierrezia* sp.), grama grass (*Bouteloua* sp.) and sage (*Artemisia* sp.) are plants much used in ceremonial contexts. The source from which curative power comes is nearly always represented in the rite by some body part. If that source is animal, its hide or some part of it will be in evidence. If it is a bird, the tail feather will, in all likelihood, be found among the ceremonial paraphernalia manipulated.

Though curing occupies the central place in Apache ceremonialism, power can be approached with other ends in view, and its aid obtained for locating the enemy, finding lost objects, helping in the hunt, for learning the probable outcome of a given course of action, and for the solving of many other problems.

There were ceremonies, too, which were performed over the growing child at specific times to insure for him long life and good health. A ceremony was held when the child was put into the cradle; another when he was about to walk. About a year later, in the spring, a rite was performed in which the hair was cut, that it might afterwards grow out full and thick.

The only Apache ceremony which deviated from the shamanistic principle and which did not depend for its success upon the personal relation between a shaman and his power, was the girl's puberty rite. This was a rite which in theory had been taught to the Apache by the culture hero